



HONORING OUR SESQUICENTENNIAL

“ ... a pillar in the Rochester community by providing generations of families a place to celebrate life-everlasting. ”

On Saturday, September 18, Holy Sepulchre Cemetery hosted the Commemoration of the 150th Anniversary and Monthly Memorial Mass to celebrate our sesquicentennial. The Mass was concelebrated by The Most Reverend Salvatore Matano, Father Bayer, Father Coffas, Father Mull, Father Wheeland and Father White in the beautiful chapel located in Christ Our Light Mausoleum. This special Mass offered a blessing over all the souls who lay in Holy Sepulchre Cemetery, while paying special attention to all those children who have left this world to have their spirit join God in heaven. Following the Mass, participants relocated to the eastside of the cemetery for a gravesite blessing. There, they met at the gravesite of Martin Claude Duffy, the first burial to take place at our cemetery in 1871.

For the last 150 years, our mission has been, “to assist the Church in fulfilling its ministry to bury the deceased of the faith community in consecrated ground and...to serve as a sacred and peaceful site of beauty where family and friends can gather in prayer and remembrance. We are dedicated to the Christian burial of all members of the Catholic Faith Community, and to comfort all those who mourn them.” This is the mission envisioned by Rochester’s first bishop, Bishop McQuaid, and has led the cemetery to 150 years of excellence.

Holy Sepulchre Cemetery would like to express deep thanks to all those who have been involved in our rich history, past, present and as we move into the future. A heartfelt appreciation to The Most Reverend Salvatore Matano, Father Bayer, Father

Coffas, Father Mull, Father Wheeland, Father White and Dawn Chmiel for their participation in our 150th Mass and Blessing. Holy Sepulchre & Ascension Garden Cemeteries would also like to express gratitude to the Board of Trustees and employees, past and present, who have worked tirelessly for the Rochester Catholic community. Together we have continued the rich tradition, careful planning and high standards that Bishop McQuaid began in 1871.

Whether you are continuing family tradition or starting a new one, we are here to provide you with ease, options and natural beauty. Holy Sepulchre Cemetery is proud to have become a pillar in the Rochester community by providing generations of families a place to celebrate life-everlasting.



GRIEF DURING THE HOLIDAYS

The surge of grief around the holidays is familiar during this time of year, which frequently begins right around Thanksgiving time. As it is for a lot of people encountering loss, the holiday season is the most painful time of all.

For anyone dealing with grief, or the loss of a loved one, the holidays can be a time of sadness, pain, anger, or dread. It can be difficult to cope, mainly when you see the sights and sounds of holiday cheer all around you.

How can you begin to fill the hollowness you feel when it seems that everyone else is abundant with happiness? Curious how to get through the holidays this year without your loved one? These suggestions may help you get through this challenging time:

GRIEF IS PART OF THE HEALING PROCESS

- Time doesn't heal the pain related to a loss; what you do with that time is what matters. Grief is the process by which you heal.
- You should let yourself feel whatever it is you're feeling. If you feel sad, it's okay to shed some tears; if you feel angry, it's okay to let off some steam. Allow yourself to feel your feelings.

- The holidays will eventually get easier, but you should recognize and allow yourself to experience the grief of going through them without your loved one. Going through the process of grief takes practice and mindfulness.

ASK FOR HELP WHEN HAVING A DIFFICULT TIME WITH GRIEF

Don't be afraid to ask for help when you're struggling. Remind important people in your life that you're having a hard time. Feel free to reach out to a professional for additional help. We offer a number of local options for you on the After Care Support page of our website.

FIND A WAY TO HONOR THE MEMORIES

Initiate your own unique way to memorialize your loved one while remembering past celebrations. This can be as simple as lighting a candle every night or eating your loved one's favorite food. Honoring your loved one can serve as a material reminder that although your loved one is gone, the love and memories you shared will be with you forever.

BE KIND TO YOURSELF

- Acknowledge and talk about the pain you are

feeling; know that your personal grief is exclusive to you. Remember to take care of yourself physically, mentally and emotionally.

- Keep the Faith. You will survive the holidays in one piece. This holiday season may prove to be a very difficult experience, but you will get through it and come out on the other side stronger than before.
- Allow happiness to slip through your window of grief, and try to enjoy it. During this difficult time, do what feels right for you.
- If you are struggling, please visit the After Care Support page of our website (holysepulchre.org/after-care-support). There, you will find a number of local resources that will assist you with grief, loss and support right in our community.

Holidays in Heaven

What do they do?
They come down to Earth
To Spend it with You
So save them a seat,
Just One Empty chair
You may not see them
But they will be there

THE SEASON OF ADVENT

Advent is an important time in the Catholic faith, as it is the beginning of the Church's liturgical year and the period of four Sundays leading to the celebration of Christmas. Appropriately, the word "Advent" means "Coming" in Latin.

This year, Advent starts on November 28, 2021, and ends on December 24, 2021. Advent reminds Catholics of the sacred meaning of Christmas. It brings the magnificent vision of life, hope, and joy for the future. As Catholics, we become more involved in our faith and are reminded of the meaning of life as a community of faith. Advent prepares us for the Second Coming of Christ at the end of time.

The Advent candle colors—purple and pink—symbolically represent the spiritual preparation that believers endure to prepare their hearts for the birth (or coming) of the Lord, Jesus Christ. The candles on the Advent wreath symbolize hope, faith, joy and peace. The four candles represent the four weeks of Advent, and one candle is lit each Sunday. Three of the candles are purple because the color violet is a liturgical color that denotes a time of prayer, penance, and sacrifice.

The first candle is lit each night along with a short prayer. The first candle, which is purple, symbolizing hope and is called the "Prophet's Candle." The prophets of the Old Testament, especially Isaiah, waited in hope for the Messiah's arrival. The purple color symbolizes royalty, repentance, and fasting.

On the second Sunday of Advent, a second purple candle is lit, symbolizing faith and is called "Bethlehem's Candle." Micah had foretold that the Messiah would be born in Bethlehem, which is also the birthplace of King David. The second candle is also purple to symbolize preparation for the coming king.

On the third Sunday of Advent, the pink candle is lit, symbolizing joy and is called the "Shepherd's Candle." To the shepherd's great joy, the angels announced that Jesus came for humble people like them, too. In liturgy, the color rose signifies joy. This candle is colored pink to represent joyfulness and rejoicing.

Finally on the fourth Sunday of Advent, just a few days before the birth of Christ, the final purple candle is lit, symbolizing peace and is called the "Angel's Candle." The angels announced that Jesus came to bring peace, "He came to bring people close to God and to each other again." This color is also purple to represent the culmination of love through the Messiah.

Advent is a opportunity for us to be reminded of God's great blessings in life. We encourage you to take this time to meditate in our faith. We wish you a blessed and happy Advent season!

God of Love,

help us walk in the love of Jesus during the weeks of Advent.

TESTIMONIALS

"Kari, your kind expression of sympathy...will always remain in our memories. Thank you for your note and the help you gave us on this journey."

— John S. & Family

"Margie, Brenda and Aurora, I wish to say thanks for your assistance and information in setting up the burial of my brother. I had hesitated, and put off, what I should have done eleven years ago...My family appreciate the professionalism from the ground crew, to the gatekeeper, up to your office."

— Jeanne T.

"Cristyn, thank you so much for your help looking up dates for my deceased family. It will be so much help for my research. What a wonderful resource you are."

— Rita A.

If you would like to submit a story, please email events@holysepulchre.org. We would love to hear from you and appreciate your feedback.

LIMITED TIME OFFER

SAVE UP TO

\$1500

RECEIVE A TIERED DISCOUNT FOR PURCHASES FROM OCTOBER 1, 2021 UNTIL DECEMBER 31, 2021.
ALL PRIOR SALES EXCLUDED. LIMIT ONE DISCOUNT PER PURCHASE.

HOLIDAY WREATHS ON SALE NOW

Orders Due: **November 12, 2021**

Order by *phone* or our *website*.

Quantities are very limited.



FEAST & HOLY DAYS

OCTOBER 1: St. Therese of Lisieux

OCTOBER 4: St. Frances of Assisi

OCTOBER 7: Our Lady of the Rosary

OCTOBER 15: St. Theresa of Avila

OCTOBER 18: St. Luke

NOVEMBER 1: All Saints' Day

NOVEMBER 2: All Souls' Day

NOVEMBER 16: St. Margaret of Scotland

NOVEMBER 22: St. Cecilia

NOVEMBER 28: Advent Begins

DECEMBER 24: Advent Ends

DECEMBER 25: Christmas

DECEMBER 27: Feast of the Holy Family

DECEMBER 27: St. John the Evangelist

We offer locations dedicated to the Saints at both our locations. For more information, please email events@holysepulchre.org. We would be happy to help you locate a specific area dedicated to a Saint.



UPCOMING DATES

MONDAY, OCTOBER 11: Columbus Day
Offices closed. We will reopen on Tuesday,
October 12 at 9 am.

SATURDAY, OCTOBER 16: October Mass of
Remembrance (8:30 am)
*Join us, in-person or virtually, to celebrate our
October Mass of Remembrance.*

THURSDAY, NOVEMBER 11: Veterans Day
Offices closed. We will reopen on Friday,
November 12 at 9 am.

FRIDAY, NOVEMBER 12: Wreath Orders Due

SATURDAY, NOVEMBER 6: Annual Mass of
Remembrance at Ascension Garden & St. Joseph
of Arimathea Committal (9:00 am)
Mass located in Ascension Garden Mausoleum.

SATURDAY, NOVEMBER 20: November Mass
of Remembrance & St. Joseph of Arimathea
Committal (8:30 am)
Mass located in Christ Our Light Mausoleum.

SATURDAY, NOVEMBER 20: Luminary Drive
Event at Holy Sepulchre Cemetery (5 - 6 pm)
*Please visit our Facebook page or website for
more information.*

THURSDAY, NOVEMBER 25: Thanksgiving Day
Offices closed. We will reopen on Friday,
November 26 at 9 am.

SATURDAY, DECEMBER 4: Luminary Drive Event
at Ascension Garden Cemetery (5 - 6 pm)
*Please visit our Facebook page or website for
more information.*

SATURDAY, DECEMBER 18: December Mass of
Remembrance & Candle Lighting (8:30 am)
*Join us, in-person or virtually, to celebrate our
December Mass of Remembrance.*

SATURDAY, DECEMBER 25: Christmas Day
Offices closed. We will reopen on Monday,
December 27 at 9 am.

SATURDAY, DECEMBER 31: New Year's Eve
Offices closed. We will reopen on Monday,
January 2 at 9 am.

**For the most up-to-date information, please visit
our calendar of events on our website, or follow
us on Facebook, Twitter & Instagram.**

ALL SAINTS' & ALL SOULS' DAYS

The Christian celebration of All Saints' Day and All Souls' Day stem from the belief that there is a powerful spiritual bond between those in heaven and the living.

All Saints' Day is a solemn holy day of the Catholic Church celebrated annually on November 1st. This day is dedicated to all the saints of the Church and is also called the Solemnity of All Saints. In our faith, the holiday honors those who have passed on to heaven. All Saints' Day is a Catholic Holy Day of obligation, meaning all Catholics are required to attend Mass.

This special holy day was formally started by Pope Boniface IV, who consecrated the Pantheon

to the Virgin Mary and all the Martyrs on May 13 in 609 AD. Boniface IV also established All Souls' Day which follows All Saints' Day.

All Souls' Day, observed on November 2nd, is dedicated to those who have died and not yet reached heaven. This is a day of remembrance of all those who have gone before us.

At our Catholic cemeteries, we are dedicated to "places of Christian burial, Holy Sepulchre Cemeteries reflects respect for the human person, belief in the resurrection of the body, and the hope of Eternal Life." We share the belief in the resurrection of the body and the hope for Eternal Life.

VETERANS DAY 2021

Veterans Day occurs on November 11 annually in the United States. This day honors the "eleventh hour of the eleventh day of the eleventh month" of 1918 that signaled the end of World War I and is also known as Armistice Day. Flags are placed at the entrances of the gates at Holy Sepulchre Cemeteries to honor and celebrate the service of all U.S. Military Veterans.

In honor of Veterans Day, our offices will be closed on Thursday, November 11, 2021 and will reopen at 9 am on Friday, November 12. On this special day, we would like to express our gratitude to all American Veterans. Thank you for your dedication and service to your country.

Thanksgiving Prayer

O God, when I have food, help me to
remember the hungry;
When I have work, help me to remember
the jobless;
When I have a home, help me to remember
those who have no home at all;
When I am without pain, help me to
remember those who suffer,
And remembering, help me to destroy my
complacency;
bestir my compassion, and be concerned
enough to help;
By word and deed, those who cry out for
what we take for granted.
Amen.

HOLY SEPULCHRE CEMETERY

2461 Lake Avenue, Rochester NY 14612

P 585-458-4110 F 585-458-3059



HOLYSEPULCHRE.ORG

ASCENSION GARDEN

1900 Pinnacle Road, Henrietta NY 14467

P 585-697-1122 F 585-444-5841