



## OUR NEWEST SECTION: ANGELS OF GOD CREMATION GARDEN

Holy Sepulchre Cemetery is proud to announce the opening of our newest section, Angels of God Cremation Garden, located on the historic east side of the cemetery. This new section provides families a peaceful place to remember their loved ones while overlooking Trinity Lake. Angels of God Cremation Garden combines the serene, lush landscape with newly constructed options, including in ground burial and columbaria, for end of life planning. The section is accented by three statues of the Archangels: St. Gabriel, St. Michael & St.

Raphael, providing a peaceful, meditative place to celebrate life everlasting.

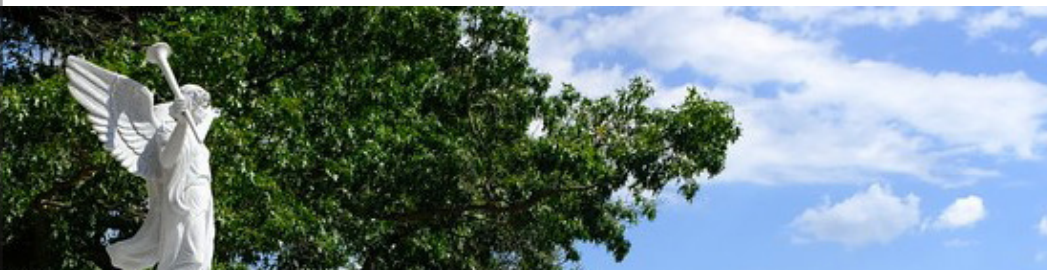
A private dedication ceremony was celebrated by The Most Reverend Bishop Salvatore R. Matano on Saturday, September 19, 2020. Footage of the event can be found on our website and social media accounts.

We welcome you to experience our rich 150 year history and 340 acres of park-like land. Walk, sit and meditate as you visit today.

### OUR TEAM

*We cannot thank our grounds team enough for their dedication and hard work in the construction of Angels of God Cremation Garden. The team began this project with an already busy schedule and worked together to complete this section timely and with enthusiasm. They took pride and ownership of the project itself while overcoming a number of challenges, including the need to maintain safe physical distancing and enduring all kinds of hot and humid summer days.*

*Their dedication and attention to detail has been amazing. The organization is so blessed to have this incredible and committed team. Thank you for all you have done on this project and for all you do everyday!*



HOLY  
SEPULCHRE  
CEMETERY

ASCENSION  
GARDEN

Celebrate Life Everlasting

Holy Sepulchre Cemetery | 2461 Lake Avenue | Rochester NY 14612 | 585 458 4110  
Ascension Garden | 1900 Pinnacle Road | Henrietta NY 14467 | 585 697 1122  
[holysepulchre.org](http://holysepulchre.org)







# GETTING THROUGH THE HOLIDAYS AFTER THE LOSS OF LOVED ONE

## BE GENTLE WITH YOURSELF

- Each person you have lost affects you in unique ways similar to each unique type of love you have for each person.
- Remember, we all grieve at our own pace. Children and other relatives may grieve differently than you because they have their own personal set of memories of your loved one.

## IF PREVIOUS TRADITIONS CAUSE TOO MUCH PAIN, TRY STARTING A NEW TRADITION

- Starting a new tradition may help to ease the pain.
- Get help from family or supportive friends to help you come up with new traditions.

## PLAN FOR FEELINGS & HONOR THEM

- Don't be afraid to face your feelings. Feelings are meant to be "felt", even when they are challenging.
- Often times we tend to keep ourselves busy to reduce the feelings of pain and loss. Avoid doing this, as the feelings should not be suppressed.

- Remember grief is not linear. It is a process and never truly ends.
- Prepare yourself for your feelings. Remind yourself that feelings will come up and often without warning.

## DO SOMETHING TO HONOR OR REMEMBER YOUR LOVED ONE

- Make or find a memorial Christmas ornament to honor your loved one.
- Share fond memories with those who knew your loved one. Reminiscing over happy stories can help ease the pain.

- As we move into holiday season, you may opt to prepare your loved one's favorite dish. Taste and smell can offer comfort in times of grief.

## TELL PEOPLE WHAT YOU NEED

- Contact your parish if you need bereavement support. They may know of a group you can join to connect with people going through the same thing.
- Technology is on your side. There are many good resources online for learning more about grief and processing emotions.



## TESTIMONIALS

"I worked with Debra. Debra was a great, caring, knowledgeable individual. She should be commended on her excellent service that she provided our family!"

- Diane C.

"I was made to feel as if I was part of the family. You can rest assure that I believe I will rest in peace."

- Earl & Mary Jean L.

"Great customer service. All of our discussions were professional, patient and informative."

- Frank & Pat G.

If you would like to submit a story, please email [events@holypulchre.org](mailto:events@holypulchre.org). We welcome your feedback. Thank you!





# FOLLOW US

## STAY IN THE KNOW

As we find ourselves navigating a new physically distant world, we depend on technology now more than ever.

Find us anytime online: Facebook, Twitter, Instagram and at [holysepulchre.org](http://holysepulchre.org). We also offer communications via our email database. These are the best ways to stay in the know of special events, promotions, programs. And one of the best ways we can all connect while still being apart.

 [@holysepulchrecemetery](https://www.facebook.com/holysepulchrecemetery)

 [@holysepulchrecemetery](https://www.instagram.com/holysepulchrecemetery)

 [@HSC\\_AG\\_Cemetery](https://twitter.com/HSC_AG_Cemetery)

If you would like to receive occasional emails, communicating our upcoming events and to access this quarterly newsletter, please email [events@holysepulchre.org](mailto:events@holysepulchre.org). We would be happy to add you to our list!

## HAVE YOU PRE-PLANNED YOUR LEGACY?

We encourage everyone to pre-plan their final resting place. This ensures that your end of life wishes are met, your faith is continued in your legacy and gives your family members peace of mind.

### VARIETY OF OPTIONS

- In-ground burial
- Above ground options
- Marble crypts
- Exterior columbaria & niches
- Marble, glass, wood niches
- Flowering garden sections
- Green, natural burial
- Veterans & First Responders sections
- Two convenient locations to serve you

### BENEFITS OF PLANNING

- Continues your faith through your legacy
- Provides your family peace of mind
- Ensures your wishes are met
- Eliminates doubt for your family
- Eases financial hardship for loved ones
- Knowledgeable family service counselors make the process easy
- We offer interest free payment plans
- Credit cards accepted

Our compassionate Family Service Counselors are here to make this process as easy as possible. Make an appointment to discuss what is best for you.

## CREMATION OPTIONS AT ASCENSION GARDEN

IF CREMATION IS PART OF YOUR PLAN, WE OFFER A VARIETY OF OPTIONS TO MEET YOUR NEEDS

In our July newsletter, we featured the article "Cremation and the Catholic Church". Since 1963, cremation has been an acceptable option for those of the Catholic faith and has been growing in popularity. The church expects these families to seek an appropriate final resting place for the cremated remains of the body. The ashes of the faithful must be laid to rest in a sacred place such as a cemetery. Our Ascension Garden Cemetery is a Catholic Cemetery that offers the following options for those choosing a sacred place for the final disposition of cremated remains.

Our Niche rooms, devoted to Saints Matthew, Mark, Luke and John, offer beautiful glass and marble front niche options. We offer options for both single and double niches. Niche prices include the cost of the memorial associated with either the marble or glass front. Entombment fees, photo ceramics, emblems and flowers are available to be purchased separately.

Our Cremation Gardens overlook the Ascension Garden Chapel and our beautifully landscaped cemetery grounds. The cremation gardens are centrally located, therefore offering sweeping views of the cemetery.

Within our Cremation Gardens we have several Columbaria, which offer an option for above ground, exterior cremation. We have both wall units and octagonal units in each of our cremation garden sections of our cemetery. We offer single, double and side by side niches in our Columbaria.

For those seeking an eco-friendly burial, our St. Francis Meadow offers Green Burial options on wooded trails and in a natural meadow. Within St. Francis Meadow you will also find hand-built stone walls, walking paths, and beautifully crafted benches that offer space for quiet reflection. Also, within this section is the St.

Francis Butterfly Garden, a separate garden option for cremation, which is beautifully landscaped with butterfly bushes and several other lush plantings. Natural field stones create lasting memorials for your loved ones, and are included in the pricing.

If you would like more information or would like to tour our grounds with one of our staff members, please contact our office to schedule an appointment.





## Mother Hieronymo O'Brien

(1819 - 1898)

As we face a very difficult time in our lives during the current pandemic, it seems appropriate to feature a story of someone who dedicated her life to serving others and making a difference within the Rochester community.

Veronica O'Brien was born on April 19, 1819 in Washington D.C. Veronica, more commonly known as Mother Hieronymo, made her way across the country throughout her years, until eventually settling in Rochester around 1857. Mother Hieronymo founded St. Mary's Hospital in September of 1857, originally to assist those that had Typhoid fever, but later would be primarily used to help and treat those injured during the beginning of the Civil War. O'Brien and the Sisters of the Diocese of Rochester would eventually help more than 3,000 soldiers that were injured during the war, with little to no funding until the city of Rochester took notice of their efforts, and began funding a few years after founding.

Mother Hieronymo would also found the Rochester Home of Industry, across from The Main Street Armory, in February of 1874. As president, Mother Hieronymo made it her goal to assist the young females with ordinary branches of education. Not only that, but



also ensuring success in all trades in which women were employed. They also would open a training school for young men known as Excelsior Farms.

Mother Hieronymo was seen as a bright and charitable individual, whose only downside was being too kind, and trusting whatever others would tell her. She passed in Rochester, NY on January 30, 1898.

If you found this story interesting and would like to read similar stories of those buried here, please visit our website [www.holysepulchre.org](http://www.holysepulchre.org) and click on the locate a loved one/tour tab, scroll down to tour information and click on the category that interests you.

### BLESSING OF HOPE

by Jan Richardson

So may we know the hope that is not  
just for someday  
but for this day-here, now, in this  
moment that opens to us:  
hope not made of wishes but of  
substance,  
hope made of sinew and muscle and  
bone,  
hope that has breath and a beating  
heart,  
hope that will not keep quiet and be  
polite,  
hope that knows how to holler when  
it is called for,  
hope that knows how to sing when  
there seems little cause,  
hope that raises us from the dead-  
not someday but this day, every day,  
again and again and again.

## HOLIDAY WREATHS ON SALE NOW

Orders Due:  
**November 15, 2020**

*Quantities are very limited.*

Order by *phone* or via our *website* (click "Memorialization Options", then "Flowers & Wreaths").



## LIMITED TIME OFFER

SAVE UP TO

# \$1000

RECEIVE A TIERED DISCOUNT FOR PURCHASES FROM OCTOBER 1, 2020 UNTIL DECEMBER 31, 2020. ALL PRIOR SALES EXCLUDED. LIMIT ONE DISCOUNT PER PURCHASE.

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